

Proman International-Style Omnium

July 6, 2008

Hellyer Park Velodrome

Track opens at 9:30am Racing begins at 11am

The International Omnium is now a part of the UCI Elite World Championships for Elite men, and there will be a USA Elite National Championship for the event beginning in 2009 (Rule 203 in the 2008 Rulebook). For this event we'll conform reasonably close to Rule 203. The order of events for each racing group will be as follows:

Elite

1. 200m flying start TT
2. 15-lap Scratch Race
3. 8-lap Individual Pursuit
4. 45-lap Points Race, 6 sprints
5. 2-lap, standing start TT

Women

1. 200m flying start TT
2. 10-lap Scratch Race
3. 2000m Individual Pursuit
4. 30-lap Points Race, 6 sprints
5. 500mTT

Masters (45+ 3,4, 50+ 1,2,3,4, not picked separately)

1. 200m flying start TT
2. 10-lap Scratch Race
3. 25-lap Points Race, 5 sprints
4. 5-lap Individual Pursuit

In each event the winner gets 1 point. Second place gets 2 points and on down to the last placed rider in each event. In the TT events the rider who currently has the most points will ride in the first heat, and the rider with the least number of points will ride in the last heat. At the end of the competition the rider with the fewest points is the winner, second fewest points is second, and so on. Riders tied on points will be placed by their accumulated time in the TT events. If a rider doesn't start an event they are withdrawn from the competition.

We will rotate between the 3 racing groups, e.g., we'll do all of the 200's for all groups before moving to the scratch races for all groups, and so on. We will likely do 2-ups for the pursuits. There will be a minimum interval of 30 minutes between a rider's events.

The normal USA Cycling rules of racing apply to each event. For this event, all handle bars must be the normal style, no aerobars.

The Elite category is open to track categories 1-3, and cat 4 riders who have raced at least **5** times during the previous 12 months in normal (not training/clinic sessions) mass-start racing events at the track. All cat 4's who wish to race must contact warren@usvh.com prior to the event so we can confirm their prior experience. Juniors can ride with the Elites or Masters group and there is no entry fee for juniors. The pre-registration entry fee is \$25 and includes the \$5 NCVA fee. Pre-registration is available at Sportsbaseonline and closes on July 2 at 9pm PDT. The race-day registration entry fee is \$32. There is no registration by mail.

Prizes provided by...



...and more to come!

6.17.08